

# Belay Only Course

- For those who want to learn to Belay but keep both feet firmly on the ground.
- Bring someone to the climbing centre and belay for them without having to climb yourself
- Learn how to Belay and Supervise up to 2 people
- All equipment included
- Up to 3 hours of instruction

The belay course is designed for any person over the age of 18 who wishes to bring someone to climb at the centre but does not want to climb themselves. You will be taught how to use all the safety equipment and how to belay in an indoor top rope environment.

The course will also go through the supervision rules and regulations

You get up to 3 hours of instruction including a competency test. This is spread over at least two sessions, at times to suit you.

We will need to bring one or two people with you to do the climbing on the course in order for you to practice the belaying.

Once you have passed the top rope competency test you will be able to bring up to 2 people into the climbing centre and belay for them.

**Duration** up to 3 hours over at least 2 sessions

**Price** £25 per person on the course (climber is free while you are being instructed)

**Call us on 01452 302351 to book!**